



**MHSAA Cross Country Regionals 12-2 & 21-3 Tournament**  
**Grand Rapids Christian High School – Host**  
**Dick VanderKamp – Tournament Manager**  
**October 31, 2009**

**~TOURNAMENT INFORMATION~**

**1. SCHEDULE:**

<u>Event</u>	<u>Date</u>	<u>Time</u>
<b>Opt-Out Due Date</b> ...	Friday, October 23, 2009 .....	4:00 pm
<b>Electronic Entries</b> ...	Friday, October 23, 2009 .....	4:00 pm
<b>Tournament</b> .....	Saturday, October 31, 2009	
	Course Open for inspection & preview.....	<i>info to be emailed early next week</i>
	Gates open .....	7:30 am
	Coaches Meeting (both divisions) .....	8:45 am

**RACE TIMES**

Regional 12-2		Regional 21-3	
<b>Girls Race</b> .....	<b>9:30 am</b>	<b>Girls Race</b> .....	<b>11:00 am</b>
<b>Boys Race</b> .....	<b>10:15 am</b>	<b>Boys Race</b> .....	<b>11:45 am</b>

Awards Ceremony .....20 minutes after completion of the final race

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>October</b>	18	19	20	21	22	23 • Opt-Out Date: Material required—Master Eligibility List • Electronic Entries due Due by 4:00 PM	24	<b>October</b>
	25	26	27	28	29	30	<b>Regional Tournament</b>	
<b>Nov.</b>	1	2	3	4	5	6	7 <i>Cross Country Final Meet</i>	<b>Nov.</b>

**2. ENTRY MATERIALS:**

- a. **Master Eligibility List:** email (jelzinga@grcs.org) or fax (616.241.3141) to tournament manager, Dick VanderKamp at GRCHS
- b. **Electronic Entries:**
  - Electronic Entry Materials and instructions for on-line entry are on the MHSAA Website: [www.mhsaa.com](http://www.mhsaa.com). Entry information must be placed on-line no later than 4 p.m. on Friday, Oct.23, 2009 for LP and Friday, Oct. 16, 2009 for UP at [www.sydexsports.com](http://www.sydexsports.com) .
  - Late entries: A \$50 late fee must be paid to the Meet Manager before the contestant or team will be allowed to participate. The \$50 late fee shall be retained by the host school. There can be no late entries after the team starting line positions have been determined.
- c. Late entries: A \$50 late fee must be paid to the Meet Manager before the contestant or team will be allowed to participate. The \$50 late fee shall be retained by the host school. There can be no late entries after the team starting line positions have been determined.

**3. TOURNAMENT LOCATION: Christian Reformed Recreation Center**

**3450 36<sup>th</sup> Street SE, Grand Rapids, MI 49512** (see attached map)

**4. WHAT COACHES SHOULD KNOW:**

- a. **TOURNAMENT DOCUMENTS:** All coaches should carefully read and become familiar with the contents of the PARTICIPATING SCHOOL TOURNAMENT INFORMATION booklet (found on the MHSSA website)
- b. **TEAM PARKING:** bus parking entrance is off Shaffer Avenue (see enclosed map)

**Contact Information**

Office Phone: 616.574.5505 | Cell Phone: 616.862.6445 | eMail: [dvanderk@grcs.org](mailto:dvanderk@grcs.org)

5. PARTICIPATING SCHOOLS & BOX ASSIGNMENT:

<u>DIVISION 2 NO. 12</u>		<u>DIVISION 3 NO. 21</u>	
School	Box Assignment	School	Box Assignment
• Byron Center .....	10	• Allendale.....	10
• Comstock Park .....	2	• Fennville.....	2
• Coopersville.....	6	• Grand Rapids-Central .....	6
• East Grand Rapids .....	1	• Grand Rapids-North Pointe Christian ..	11
• Grand Rapids-Catholic Central .....	16	• Grandville-Calvin Christian.....	15
• Grand Rapids-Christian .....	17	• Hopkins .....	7
• Grand Rapids-Creston.....	11	• Kent City.....	4
• Grand Rapids-Northview .....	15	• Lakeview .....	5
• Grand Rapids-Union .....	7	• Montague .....	14
• Grand Rapids-West Catholic.....	4	• Muskegon-Oakridge.....	9
• Holland Christian .....	5	• Newaygo .....	3
• Hudsonville-Unity Christian .....	14	• White Cloud.....	13
• Spring Lake .....	9	• Wyoming-Kelloggsville .....	12
• Wyoming Park .....	3	• Wyoming-Lee .....	8
• Wyoming-Rogers.....	13		
• Zeeland East .....	12		
• Zeeland West .....	8		

6. FINAL TOURNAMENT QUALIFIERS

a. Team Qualifiers

- Five runners must finish a Regional run for a school to receive a team score
- The top three teams will automatically qualify from the Regional to the Final Run
- THE MAXIMUM NUMBER OF TEAMS QUALIFYING FROM A REGIONAL CANNOT EXCEED FOUR
- If a school finishes fourth in the Regional meet with four or more runners in the top 20 places, that school will also qualify a team for the Final Meet
- The maximum number of runners to represent a qualifying team at the Final Meet is seven

b. Individual Qualifiers: All medalist finishers who are not members of a qualifying team will qualify to the Final run, regardless if there are three or four qualifying teams.

7. SCHOOL SUPERVISION: No individual or team shall represent their school in a sport under MHSAA jurisdiction unless accompanied to the event by the coach, administrator, or appointee of the school

8. MISCELLANEOUS INFORMATION:

- a. Participating teams and individuals assume all costs of competing at all levels of the MSHAA tournament
- b. **HOST FACILITY BUILDING RULES:** Main club house off-limits to all cross country participants, coaches and spectators
- c. **MEDICAL:** Athletic trainer(s) and EMT staff will be available for all races
- d. **CONCESSION STAND:** Concessions will be offered the day of the tournament
- e. **ADMISSION PRICE as set by MSHAA = \$5.00 per person for all but pre-school children**
  - The paid admission is good for all races
  - Four complimentary tickets for administration and/or coaching staff spouses will be mailed to you
  - **NO PASSES of any kind will be accepted** (including league, conference, or Golden Agers passes)
- f. **PARKING FEE = \$2.00 per vehicle**
- g. **SPECTATOR PARKING:** Parking entrance is off of 36<sup>th</sup> Street (see attached map)
- h. **SIGNS:** The Tournament Manager will inspect all signs to be posted by competing schools; tournament manager may restrict schools to one sign if necessary

9. FINAL TOURNAMENT INFORMATION:

Dates ....November 7, 2009

Location....Michigan International Speedway, 12626 U.S. Highway 12; Brooklyn, MI 49230-9068

**NOTE: All information taken directly from the MHSAA Tournament Manual or MHSAA Bulletins**

**Contact Information**

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